



September



	Monday	Tuesday	Wednesday	Thursday	Friday
	6	7	8	9	10
	LABOR DAY	Multigrain Cheerios Cottage Cheese Fresh Fruit Skim Milk	Oatmeal Pancakes Fresh Fruit Skim Milk	Cheesy Eggs <ul style="list-style-type: none"> Eggs Shredded Cheddar Cheese Fresh Fruit Skim Milk	Whole Wheat Bagels w/ Sunflower Butter Fresh Fruit Skim Milk
	Center Closed	Turkey Taco Salad <ul style="list-style-type: none"> Ground turkey Taco seasoning served with Romaine lettuce Cheddar cheese Salsa Peas Fresh Fruit Skim Milk	Ground Turkey Mac-N-Cheese <ul style="list-style-type: none"> Ground turkey Cottage cheese Cheddar Cheese Whole wheat noodles Green Beans Fresh Fruit Skim Milk	Chicken Stir Fry <ul style="list-style-type: none"> Chicken Stir Fry vegetables Served with Rice Fresh Fruit Skim Milk	Mostaccioli <ul style="list-style-type: none"> Whole wheat noodles Pasta sauce Mozzarella cheese Green Beans Fresh Fruit Skim Milk
	LABOR DAY	Crunchy Pretzels w/ Carrots & Hummus Water	Fresh Cucumbers & Broccoli w/ Ranch Dressing Water	Graham Crackers & Applesauce Water	Goldfish & Fresh Fruit Water
	13	14	15	16	17
	Whole Wheat Toast & Cottage Cheese Fresh Fruit Skim Milk	Whole Wheat French Toast w/ syrup Fresh Fruit Skim Milk	Breakfast Casserole <ul style="list-style-type: none"> Eggs Broccoli Cheddar cheese Fresh Fruit Skim Milk	Banana Pancakes Fresh Fruit Skim Milk	Santé Fe Eggs <ul style="list-style-type: none"> Eggs Salsa Fresh Fruit Skim Milk
	Chicken Broccoli Pie <ul style="list-style-type: none"> Chicken Broccoli Cheddar cheese Bisquick Fresh Fruit Skim Milk	South of Border Beans & Rice <ul style="list-style-type: none"> Ground turkey Taco seasoning Whole grain rice Pinto beans Carrots Fresh Fruit Skim Milk	Chicken & Red Skin Potato Bake <ul style="list-style-type: none"> Chicken Red skin potatoes Baked w/ parmesan cheese Green Beans Fresh Fruit Skim Milk	Meatloaf <ul style="list-style-type: none"> Ground turkey Bread crumbs Peas Fresh Fruit Skim Milk	Vegetable Pasta <ul style="list-style-type: none"> Whole wheat noodles Normandy style vegetables Fresh Fruit Skim Milk
	Vanilla Wafers & Fresh Fruit Water	Crunchy Pretzels w/ Cheese Slices & Fresh Fruit Water	Animal Crackers & Fresh Fruit Water	Ants on a Raft <ul style="list-style-type: none"> Cucumbers Hummus C'raisins Water	Cottage Cheese & Fresh Fruit Water