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**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

| 23   | 24   | 25  | 26   | 27  |
|--|--|---|--|---|
| <b>Cheerios</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b>   | <b>Banana Oatmeal Pancakes</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b>  | <b>Breakfast Sandwich</b> <ul style="list-style-type: none"> <li>Organic eggs</li> <li>Shredded cheddar cheese</li> <li>Whole wheat bread</li> </ul> <b>Fresh Organic Fruit</b><br><b>Organic Milk</b>  | <b>Rice Krispies</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b>  | <b>Whole Wheat French Toast w/ syrup</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b>   |
| <b>Sloppy Joes</b> <ul style="list-style-type: none"> <li>Ground turkey</li> <li>Homemade BBQ sauce</li> <li>Whole wheat bun</li> </ul> <b>Freshly cooked Organic carrots</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b>       | <b>Baked Pasta</b> <ul style="list-style-type: none"> <li>Whole wheat penne noodles</li> <li>Cottage cheese</li> <li>Garlic, basil, oregano</li> <li>Pasta sauce</li> <li>Flaxseed</li> </ul> <b>Organic broccoli</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b> | <b>Ranch Chicken &amp; Rice</b> <ul style="list-style-type: none"> <li>Diced organic chicken</li> <li>Whole grain rice</li> <li>Organic green beans</li> <li>Ranch dressing</li> </ul> <b>Fresh Organic Fruit</b><br><b>Organic Milk</b>  | <b>Creamy Cauliflower Mac</b> <ul style="list-style-type: none"> <li>Whole wheat noodles</li> <li>Organic cauliflower</li> <li>Organic chicken stock</li> <li>Shredded cheddar cheese</li> <li>Homemade bread crumbs</li> <li>Parmesan cheese</li> </ul> <b>Fresh Organic Fruit</b><br><b>Organic Milk</b>                               | <b>Teriyaki Chicken Chow Mein</b> <ul style="list-style-type: none"> <li>Whole wheat spaghetti noodles</li> <li>Organic green beans</li> <li>Organic zucchini</li> <li>Organic cauliflower</li> <li>Diced organic chicken</li> <li>Homemade teriyaki sauce</li> </ul> <b>Fresh Organic Fruit</b><br><b>Organic Milk</b> |
| <b>Cucumbers w/ homemade yogurt ranch dip</b> <ul style="list-style-type: none"> <li>Plain yogurt</li> <li>Cream cheese</li> </ul> <b>Water</b>  | <b>Pizza Roll Ups</b> <ul style="list-style-type: none"> <li>Whole wheat tortillas</li> <li>Pizza sauce</li> <li>Shredded mozzarella cheese</li> </ul> <b>Fresh Organic Fruit</b><br><b>Water</b>  | <b>Apple Cheese Squares</b> <ul style="list-style-type: none"> <li>Graham crackers</li> <li>Cream cheese</li> <li>Fresh organic apples</li> </ul> <b>Water</b>  | <b>Whole Wheat Mini Bagels w/ Sunflower Butter</b><br><b>Fresh Organic Fruit</b><br><b>Water</b>   | <b>Wheat Thin Crackers w/ Cream Cheese</b><br><b>Fresh Organic Fruit</b><br><b>Water</b>  |
| <b>30</b><br><b>Whole wheat bagels with Strawberry Organic Preserve Spread</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b>  | <b>31</b><br><b>Applesauce Flaxseed Pancakes w/ Syrup</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b>   | <b>1</b><br><b>Breakfast Casserole</b> <ul style="list-style-type: none"> <li>Organic eggs</li> <li>Shredded cheddar cheese</li> <li>Hashbrowns</li> </ul> <b>Fresh Organic Fruit</b><br><b>Organic Milk</b>  | <b>2</b><br><b>Cheerios</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b>   | <b>3</b><br><b>Whole Wheat French Toast w/ Syrup</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b>   |
| <b>Cheddar Broccoli Pasta</b> <ul style="list-style-type: none"> <li>Whole wheat noodles</li> <li>Organic broccoli</li> <li>Cottage cheese</li> <li>Shredded cheddar cheese</li> </ul> <b>Fresh Organic Fruit</b><br><b>Organic Milk</b> | <b>Meatloaf</b> <ul style="list-style-type: none"> <li>Ground turkey</li> <li>Homemade bread crumbs</li> <li>Organic spinach</li> </ul> <b>Organic Carrots</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b>  | <b>Chicken Noodle Soup</b> <ul style="list-style-type: none"> <li>Whole wheat noodles</li> <li>Diced organic chicken</li> <li>Organic chicken broth</li> <li>Fresh organic carrots</li> <li>Fresh organic celery</li> </ul> <b>Served w/whole wheat roll</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b> | <b>Vegetable Lasagna</b> <ul style="list-style-type: none"> <li>Whole wheat noodles</li> <li>Fresh organic zucchini</li> <li>Fresh organic carrots</li> <li>Cottage cheese</li> <li>Basil</li> <li>Pasta sauce</li> <li>Shredded mozzarella cheese</li> <li>Parmesan cheese</li> </ul> <b>Fresh Organic Fruit</b><br><b>Organic Milk</b> | <b>Cheesy Chicken &amp; Rice</b> <ul style="list-style-type: none"> <li>Diced organic chicken</li> <li>Whole grain rice</li> <li>Shredded cheddar cheese</li> <li>Parmesan cheese</li> </ul> <b>Organic Broccoli</b><br><b>Fresh Organic Fruit</b><br><b>Organic Milk</b>   |
| <b>Hummus &amp; Tortilla Roll Ups</b><br><b>Water</b>  | <b>Cheese Squares w/ Wheat Thin Crackers</b><br><b>Water</b>   | <b>Pear pinwheels</b> <ul style="list-style-type: none"> <li>Fresh organic pears</li> <li>Cream cheese</li> <li>Wrapped in a whole wheat tortilla</li> </ul> <b>Water</b>   | <b>Trail Mix</b> <ul style="list-style-type: none"> <li>Pretzels</li> <li>Dried C'raisins</li> <li>Granola</li> </ul> <b>Water</b>   | <b>Carrots w/ Cheesy Yogurt Dip</b> <ul style="list-style-type: none"> <li>Cream cheese</li> <li>Plain yogurt</li> <li>Dill</li> </ul> <b>Water</b>   |

